



Sally E. Dean

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born May 28, 1974

Education:

- 2019-2022 **PhD Research Fellow in Costume Design** at *Oslo National Academy of the Arts*, Norway. Full time, fully funded for 3 years.
- 2014-2019 **MPhil Candidate in Dance/Drama/Theatre** at *Royal Holloway University*, London, UK. Part time student. Awarded Crossland Research Scholarship.
- 1998-2011 **Skinner Releasing Technique Summer Intensives & Teacher Certification Programme**, Ongoing and Introductory Levels, Seattle, USA & Coventry, UK.
- 2009-2011 **YTTC London Yoga Teacher's Training Program**, London, UK. Certified Teacher by *British Wheel of Yoga*, Scaravelli Yoga.
- 2009-2017 **Workshops and Walk of Life Training** with Helen Poyner - somatic-based environmental movement in nature and site in Devon, UK.
- 2002-2018 **Amerta Movement Training** with Suprpto Suryodarmo - somatic-based movement in nature and site in Java and Bali, Indonesia.
- 2007-2008 **Darmasiswa Scholarship** from the Indonesian government to research and study traditional Indonesian dances at *Indonesia's National Arts University (ISI)*, Surakarta, Java.
- 2005-2006 **MA by Project on Art, Design & Visual Culture** at *London Metropolitan University*, UK. Thesis: 'The Encounter and Interplay between the Internal and External World of the Performer'
- 1997-1999 **BA in Choreography & Playwriting** at *Bennington College*, Vermont, USA.
- 1992-1996 **BA in Theatre & Psychology** at the *College of the Holy Cross*, Massachusetts, USA. Awarded Cum Laude.
- 1996 **Summer Dance Intensive**, *New York University: Tisch School of Dance*, New York, USA.

Recent Productions/Exhibitions:

- 2019 'Something's in the Living Room' costume design selected for *Innovative Costume of the 21st Century* exhibition, A.A. Bakhrushin State Central Theatre Museum, Moscow. Photo exhibited.
- 2019 'Traces of Tissues', by BETWIXT - a collaboration with costume designer Charlotte Østergaard, *Prague Quadrennial Site Specific Performance Festival*, CZ.
- 2018-2014 'Something's In the Living Room' performance, Rose Theatre, Edgehill University, Ormskirk, UK; Chester University part of *Dance Fest*, UK.; Teatro Gayarre, part of Sandra Arroniz Lacuza's event 'Redefining Costume: On White', Navarra, Spain; Riddle's Court (C Venues), *Edinburgh Fringe Festival*, UK.; Taman Budaya Jawa Tengah, Theater Arena, Java, Indonesia and site-specific performance produced by *Dance Ability Finland*, Helsinki.
- 2017 'In Search of Water', *Birmingham University, Art & Science Festival*, UK.
- 2016 'As the Crow Flies South', part of *Compass*, Brighton Open Air Theatre, UK.
- 2017-2013 'Here and There', Cleveland pools, *Fringe Arts Bath Festival*; Counterpulse, San Francisco, USA; *Teach Me Not! Symposium, Impuls Tanz*, Vienna, Austria; and *Dance & Somatic Practices Conference*, Coventry University, UK.
- 2012-2013 'Unearthed', private home in Kotte, Sri Lanka, in collaboration with *Floating Space Theatre*, supported by Artists International Development Grant, British Council & Arts Council England.
- 2011 'The Myth of the Porter's Mess Room in 1894', part of *Freshly Scratched*, Battersea Arts Centre (BAC), London, UK.
- 2011 'Scale', *School of Oriental & African Studies (SOAS)*, University of London, part of *Indonesia Kontemporer* in collaboration with gamelan musician Aris Daryono.

Recent Lecture/Demonstrations:

- 2019 'Somatic Scenography - Embodying Costume & Site', PQ Talks, *Prague Quadrennial*, CZ.
- 2018 'Aware Wearing: the ethics of Wearing Research', *Critical Costume Conference 2018*, University of Surrey, UK.
- 2018 'The Risk of Being In-between - Interweaving Costume Design and Somatic Choreography Research Practices', co-presented with costume designer Charlotte Østergaard, *Critical Costume Conference 2018*, University of Surrey, UK.
- 2018 'Embodied Scenography - Somatic Costumes', *CRUSH - MFA Scenography Showcase*, artist talk hosted by Central School of Speech and Drama, *Hackney Showroom*, London.
- 2018 'Guerilla Girls meet Somatic Costumes', *Nordic Summer University, Circle 7, Winter Symposium - ReActivate, ReVisit*, Riga, Latvia.
- 2017 'Embodied Scenography with Somatic Costumes' - Wimbledon College of Arts, London, UK, for MA Costume Design students.
- 2017 'Amerta Movement & Somatic Costume', *Asian Performing Arts: Collaboration and Exchange Symposium*, Royal Holloway University, UK.
- 2017 'Portals of Perception: Somatic Costumes for Well-being and Performance Making', *Well-being & Design for Performance Hub*, London College of Fashion, UK.
- 2017 'Clothing as Portals of Perception', *Open Platform*, Wellcome Collection, London, UK.
- 2016 'The Touch of Costume: Somatic and Performative Interfaces' at *Costume and Fashion in Context and Practice Conference*, University of Huddersfield, UK.
- 2016 'The Touch of Costume: Somatic and Performative Interfaces', *Sceneography Forum*, Oslo Academy of Arts, Norway.
- 2016 'Somatic Movement & Costume', London College of Fashion, UK for MA Costume for Performance students.
- 2016 'Amerta Movement & Somatic Costume', *Form in Question: ensemble-improvisation-performance Symposium*, Tisch School of Arts, New York, USA.
- 2015 'Embodied Sceneography', Aalto University, School of Arts, Design and Culture, BA Costume Design Course, Helsinki, FI.
- 2015 'Opening Skinner Releasing Technique and its Future', *Dance & Somatic Practices Conference*, Coventry, UK.
- 2015 'Where is the body in the costume design process?', *Critical Costume Conference 2015*, Aalto University, Helsinki, Finland.
- 2013 'Amerta Movement & Somatic Costume', *Dance & Somatic Practices Conference*, Coventry University, UK.
- 2013 'Somatic Costume', *Dance Diary*, Roehampton University, UK.

Independent Performer - Recent:

- 2018-2016 'Surreptitious preparations for an impossible total act', choreographed by Stephanie Skura, *Seattle Festival of Dance Improvisation*, Seattle, USA; *Roulette* and *WeisAcres*, NYC, USA.
- 2017,2013 'Spore', director Jeff Higley, *Colourscape Music Festival*, UK.
- 2012-2014 'Nagore', director/costume designer Sandra Arroniz Lacunza with choreographer Marie-Gabrielle Rotie with London College of Fashion at *Victoria House Basement*, at *Casa de Cultura Zizur Mayor* and outdoors sites in Pamplona, Spain.
- 2016, 2006, *Dappin Butoh Company* with choreographer Joan Laage at *Hackney Showrooms* and *The Space*, London, at *Liverpool Hope University*, UK and at *Mime Theatre*, Seattle, USA.
- 2012-2010 'Decoda Tradition', 'Laid to Rest', & 'Transmitters' directed by artist Serena Korda, films and live performances at *Welcome Trust* and *Camden Arts Centre*.
- 2012 'Untitled', *Dance Platform Sri Lanka* with Floating Space Theatre Company in Colombo.

Publications:

- Dean, S. E. (forthcoming in 2020), 'Poetic Materiality: Encounters between Skinner Releasing Technique, Somatic Costume and Performance', in M. Emslie (ed), *Skinner Releasing Technique Emerging Narratives*, Triarchy Press.
- Dean, S. E. (forthcoming in 2020), 'Wearing Research: a somatic costume design performance methodology', in S. Pantouvaki and P. McNeil (eds), *Performance Costume: New Perspectives*, Bloomsbury Press.
- Dean, S. E., Galanter, M., Kiara, L., Nathanielsz, J. (2020), 'An Image That's Alive: Conversation on the image worlds of Skinner Releasing Technique and Amerta Movement', *Contact Quarterly*, 45:1, pp. 44-50.
- Dean, S. E. and Østergaard, C. (2019), 'Traces of Tissues at PQ: Interweaving Costume Design, Somatic

- Choreography & Site', in Crawley, G (ed), *Blue Pages - Journal for the Society of British Theatre Designers*, 18:2, pp. 16-17.
- Dean, S. E. (2019), 'Somatic Costumes: from Choreography to Socio-political acts', *In Dance magazine*, San Francisco, Issue Jan/Feb.
- Dean, S. E. (2019), 'Somatic Costumes: A Teaching Resource and Performance Generator', *Contact Quarterly*, 44:2, pp. 33-37.
- Dean, S. E. and Nathanielsz, J. (2017) 'An action of orientation – Skinner Releasing Technique in reflective practice', *Journal of Dance & Somatic Practices*, 9:2, pp. 179–94.
- Dean, S. E. (2016), 'Where is the body in the costume design process?', *Studies in Costume & Performance*, 1:1, pp. 87–101.
- Dean, S. E. (2015), 'Amerta Movement & Somatic Costume: Gateways into Environment', in S. Whatley, N. Garrett-Brown and K. Alexander (eds), *Attending to Movement: Somatic Perspectives on Living in this World*, Axminster: Triarchy Press, pp. 155-180.
- Dean, S. E. (2014), 'Somatic costumes™: Traversing multi-sensorial landscapes', *Scene 2: 1+2*, pp. 81-87.
- Dean, S. E. (2014), 'Amerta Movement & Somatic Costume: Sourcing the Ecological Image', in: K. Bloom, M. Galanter and S. Reeve (eds), *Embodied Lives: Reflections on the Influence of Suprpto Suryodarmo and Amerta Movement*, Axminster: Triarchy Press, pp. 113-126.
- Dean, S. E. (2011), 'Somatic movement and costume: A practical, investigative project', *Journal of Dance & Somatic Practices 3: 1+2*, pp. 167-182.
- Dean, S. E. (2009), 'Departing from Tradition: Insights from Java', *In Dance magazine*, San Francisco, Issue Jan/Feb.

Artist Residencies:

- 2018 **Zirgu Pasts**, Latvian Academy of Culture, Riga, Latvia.
- 2018 **Hawkwood College**, Stroud, UK
- 2017 **London Contemporary Dance School & Dance Research Studios**, *POP Portals of Perception Research Project* led by Sally E. Dean in collaboration with costume designers.
- 2016 **Bennington College**, Vermont, USA.
- 2014 **Jazar Artist Residency**, Pamplona, Spain.
- 2012 **Middlesex University**, part of the *Symposium on Collaboration*, London, UK.
- 2012 **Neulung Arts Centre**, Colombo, Sri Lanka, part of the 'Unearthed' Project, a collaboration with *Floating Space Theatre Company*, supported by the Arts Council and British Council UK.
- 2009 **Coventry University**, part of Summer Dancing Festival, Coventry, UK.
- 2009 **Elsewhere Artist Residency**, North Carolina, USA.
- 2008 **Studio Rosid** in Bandung, Java, Indonesia and **Eloprogo Arts**, Borobudur, Java, Indonesia as a collaborative project of seven international women called 'Kemana pun': <http://www.kemanasaja.com/A1FA09F5-D287-4875-ADC7-3F5F4F0DF4D2.html>
- 2006 **Chisenhale Dance Space**, Artist Resident and Research Bursary, London, UK.

Teaching Experience:

Sally has taught for 20 years. Her approach is highly informed by somatic-based practices, her cross-cultural projects in Asia and her background in both dance and theatre - integrating site, costume and object. Sally teaches internationally in university, festival and community settings (throughout Europe, USA and Asia) and has taught at the UK's leading costume design, dance and theatre universities. Workshops include Somatic Movement & Costume, Skinner Releasing Technique, Performance Making, Improvisation, Scaravelli Yoga and Environmental Movement. She also facilitates Artistic Feedback Forums using the methodologies of *Liz Lerman's Critical Costume Process* and *The Field*.

Recent Workshops:

- 2019,18,11 **London College of Fashion**, guest lecturer for MA Costume Design for Performance, UK.
- 2019-2005 **Independent Dance**, Siobhan Davies Dance Studios, London, UK.
- 2019 **Prague Quadrennial**, *PQ Workshops at DAMU*, 'Embodied Costume Design: In-between Real and Imaginary Spaces', co-taught with Charlotte Østergaard.
- 2019 **Prague Industrial Palace**, Embodied Costume Design workshop for Canadians students from University of Saskatchewan BFA Acting and Design, co-taught with Charlotte Østergaard.
- 2019 **Nottingham Trent University**, guest lecturer for BA Costume Design & Making, UK.
- 2019-2010 **Independent Performance Making Workshops** in Stroud and London, UK.
2019. **Counterpulse**, Somatic Costumes into Improvisation and Performance Workshop, San Francisco, USA.
- 2019 **Arts Printing House**, Skinner Releasing Technique workshop, Vilnius, Lithuania

- 2018 **Room to Meander: Somatic Dance and Ecology Festival**, Lansdown Hall, Stroud, UK.
- 2018 **TOMA - the Other MA** in partnership with METAL art laboratory, site-specific, Southend, UK.
- 2018 **The Somatic in Theatre and Performance Research Gathering**, Olive Grove, Corfu, Greece.
- 2018 **Seattle Festival of Dance Improvisation**, Velocity, WA., USA.
- 2018 **Nordic Culture Point project** "Lifelong Dance Practice: Project 45+", Riga State Ballet School, Latvia.
- 2018 **Danish National School of Performing Arts**, 'In Dialogue with Material' costume designer Charlotte Østergaard's KUV Funded Research Project, Copenhagen, DK.
- 2018 **Central School of Speech & Drama**, guest lecturer on MA Scenography & MA Costume Design.
- 2018 **Latvian Academy of Culture** on BA Dance and MA Directing, Riga.
- 2018 **Edgehill University**, guest lecturer on BA Dance & BA Costume Design, Ormskirk, UK
- 2017 **Kingston University**, guest lecturer on BA Dance, London, UK.
- 2017-2015 **Dance Research Studios**, *TIP & SDIPT Professional Development Course*, London, UK.
- 2017 **Earthsong Dance Camp**, Tipperary, Ireland.
- 2016 **Bennington College**, guest lecturer, BA Dance, Bennington, Vermont, USA.
- 2016-2015 **Royal Holloway University**, Performance Making, visiting lecturer, BA Theatre and Drama Studies, London, UK.
- 2016-2015 **University of Lincoln**, guest lecturer BA Dance, Lincolnshire, UK.
- 2016-2015 **University of Huddersfield**, guest lecturer, BA Costume Design, Huddersfield, UK.
- 2016-2013 **University of Bedfordshire**, guest lecturer BA & MA Dance, Bedford, UK.
- 2015 **International MasQue Theatre Festival**, Teatteri Metamorfoosi, Helsinki, FI.
- 2015 **CIT Cork School of Music**, guest lecturer, Skinner Releasing Technique for teachers, Ireland.
- 2014 **Dance Ability Finland**, Helsinki, FI.
- 2014 **ImpulsTanz Festival**, 'IDOCDE teach me (not)! Symposium', Vienna, Austria.
- 2013 **Roehampton University**, guest lecturer, BA & MA Dance, London, UK.